



# Walk a Mile in her Shoes<sup>®</sup>

presented by **Call for Help, Inc.**

**Saturday April 22, 2017**  
**Check in — 9:00**  
**Walk begins — 10:00 am**  
**Lindenwood University, Belleville, IL**  
**\$30 per Walker**

## Register Today and **GET PUMPED** to end Sexual Violence in our community!

There is an old saying, "You can't really understand another person's experience until you've walked a mile in their shoes." Walk a Mile in Her Shoes asks men to literally walk one mile in women's high-heeled shoes. It's not easy walking in these shoes, but it's fun and it gets the community to talk about something that's really difficult to talk about: gender relations and sexual violence.

Registered walkers will receive:

- |                                       |   |                        |
|---------------------------------------|---|------------------------|
| <b>Fun Family-Friendly Experience</b> | <b>Pre &amp; Post Walk Refreshments</b> | <b>Shoe Rental</b>     |
| <b>Earn Fundraising Awards</b>        | <b>Access to Event Photos</b>           | <b>Get Pumped Gear</b> |

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I am walking as an:

Individual  Team

Team Name: \_\_\_\_\_

I need to borrow shoes    Size: \_\_\_\_\_

I am providing my own shoes

Walker Registration: **\$30.00**

Total Registration Fees: \$ \_\_\_\_\_

### Payment Methods:

Check : Please Make Check Payable to Call for Help, Inc.

Credit:  Master Card  Visa  AMEX  Discover

CC#: \_\_\_\_\_

Exp Date \_\_\_\_/\_\_\_\_/\_\_\_\_ 3 Digit Code \_\_\_\_\_

Zip Code \_\_\_\_\_

Authorized

Signature \_\_\_\_\_

### 2017 Walk a Mile in Her Shoes Event Waiver

In consideration of my entry in the Walk a Mile in Her Shoes : The International Men's March to Stop Rape, Sexual Assault, and Gender Violence, I, for myself, my heirs, my executors and administrations, waive and release any and all rights and cares of damages I have or may hereafter have against the organizations of this event, its principals, its employees, all sponsors and their representatives, and all claims of damages, demands, actions whatsoever in any manner as a result of my participation in walk a mile. This includes travel to and from the event. I attest to and verify that I am physically fit and have sufficiently trained for completion of this event and I have not been advised otherwise by a qualified medical person. Further, I hereby grant full permission to any and all of the foregoing to use my name and likeness in any broadcast, telecast, video or print media of the event without compensation.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Return Registration Form to:** Call for Help, Inc.  
9400 Lebanon Rd  
East St. Louis, IL 62202

To get more info or **register online** visit  
[www.callforhelpinc.org/walkamile](http://www.callforhelpinc.org/walkamile)  
Have Questions? Call Melissa at 618-397-0968 ext. 124